



Anatomical Round Toe Worksheet

To use this worksheet, you will need a copy of “Toe-Up! Patterns and Worksheets for Whipping Your Sock Knitting Into Shape” by Chrissy Gardiner. Complete instructions as to how to use the worksheet can be found on p. 32-33.

Numbers Needed:

A _____

B _____

C _____

D _____

E _____

To Work:

Cast on $(2 \times A)$ _____ stitches, dividing them evenly across two circulars or four dpns.

Round 1: K-fb, knit to last two instep stitches, k-fb, k1; repeat across heel stitches. Four stitches increased.

Repeat Round 1 an additional $(E - 1)$ _____ times. There are now $[(E \times 4) + (A \times 2)]$ _____ stitches on the needles.

Left Sock Only

Next Round: Knit.

Next Round: K-fb, knit to end of instep stitches; knit to last two heel stitches, k-fb, k1. Two stitches increased.

Repeat last two rounds an additional $(D - E - 1)$ _____ times. There are now $(B \times 2)$ _____ stitches on the needles (if needed, insert any additional increases in the next round). Knit one round even.

Right Sock Only

Next Round: Knit.

Next Round: Knit to last two instep stitches, k-fb, k1; k1, k-fb, knit to end of heel stitches. Two stitches increased.

Repeat last two rounds an additional $(D - E - 1)$ _____ times. There are now $(B \times 2)$ _____ stitches on the needles (if needed, insert any additional increases in the next round). Knit one round even.

